

## The Nelson Bascome Centre for Substance Abuse Treatment

by LaVerne Furbert



The new substance abuse centre located in Dockyard was recently named "The Nelson Bascome Centre for Substance Abuse Treatment". Shown from left to right, Premier Craig Cannonier, Mrs. Shirlene Bascome, widow of the late Nelson Bascome, Mr. Bascome's sister, "Sissy" Bascome, Minister of National Security, the Hon. Michael Dunkley, Nelson Bascome Jr. and Shirnae Bascome, Mr. Bascome's son and daughter.

The late Nelson Bascome, JP, MP, was dedicated to the treatment of addicts and began his career in 1980 in the Department of Social Services as a Residential Care Worker. He was the first Bermudian to be designated a Certified Employee Assistance Professional and was also programme director for the Salvation Army's

Harbour Light programme. He was also among the first in Bermuda to qualify as a Certified Clinical Supervisor and an internationally certified Alcohol and Drug Counsellor. Mr. Bascome passed away on July 14, 2009 and was Minister of Health at the time. ■

## President of Marine & Ports Division Blasts Management!

by LaVerne Furbert



Marine and Ports Divisional President, Brother Sinclair Samuels in an attempt to clarify the ongoing concerns that BIU members working at the Department of Marine and Ports have, and to make the public aware that the managing staff at Marine and Ports in its entirety needs to be held accountable for the spending of \$2 million dollars of the tax payers money, Marine and Ports Divisional President, Brother Sinclair Samuels has spoken out.

According to Brother Samuels, the executive of the Marine & Ports Division has met with the three last Ministers responsible for the ferry service to voice their concerns about the way management at the Department is conducting business.

"In 2010, we met with Minister Burgess. In that meeting, the Permanent Secretary, Francis Richardson, told Minister Burgess

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# Lefroy House Holds Open House

by LaVerne Furbert



Lefroy House staff

Mrs. Rosheena Masters, Administrator of Lefroy House and her sixty-three staff members held their first ever Open House on Saturday, June 29, 2013 where hundreds of family and friends of the facility turned out. According to Mrs. Masters, the reason for the Open House was to raise the community's awareness of the services and contributions that the facility has made to Bermuda.

"Our goal is to raise the public satisfaction rate from 52% to 80%," explained Mr. Masters. "A poll was taken some time ago and many of the respondents did not know what Lefroy House offered. I felt that the open house would help people to find out more about what we do here."

During the open house, visitors were given tours of the facility by the staff and volunteers. Mrs. Masters told the Workers Voice that she was delighted that all of the dedicated staff had turned out for the event, even though for some it was their day off and others had just completed shifts after working the night before.

The facility, which is located on the waterside in Ireland Island, has been refurbished recently and looks more like a

upscale boutique hotel then a seniors' rest home. The staff no longer wears nursing uniforms, but instead wears casual clothes which add to the ambience of the facility.

During the Open House, Mrs. Masters made a presentation to the family and friends that were present for the Open House, explaining that caring for an aging loved one can be challenging.

"Providing care for an aging or ill parent can bring out the best and the worst in sibling relationships," explained Mrs. Masters. "But the aging loved one/child relationship should not supersede the family relationship."

Included in Mrs. Masters' presentation were helpful suggestions for families caring for aging parents/family members to minimize conflict which included:

Expressing your feelings honestly and directly;

Informing family members regularly of the loved one's condition;

Expressing appreciation to your family for help they are able to provide and be realistic in your expectations;

Respect other's perceptions and find opportunities to compromise;

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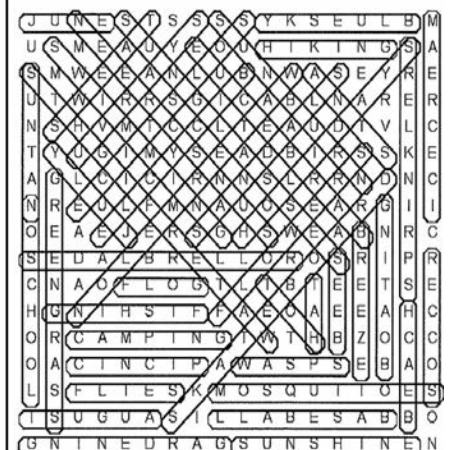
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## PUZZLE • SOLUTION

### SUMMER

This is the solution to the puzzle located here.



|          |             |               |              |
|----------|-------------|---------------|--------------|
| ANTS     | FISHING     | JULY          | SUNBURN      |
| AUGUST   | FLIES       | JUNE          | SUNGLASSES   |
| BARBECUE | FLOWERS     | MOSQUITOES    | SUNSCREEN    |
| BASEBALL | GARDENING   | NO SCHOOL     | SUNSHINE     |
| BEACH    | GOLF        | PICNIC        | SUNTAN       |
| BEEES    | GREEN GRASS | ROLLER BLADES | SWEAT        |
| BICYCLE  | HAT         | SANDALS       | SWIMMING     |
| BLUE SKY | HIKING      | SKATEBOARD    | U V RAYS     |
| BOATING  | HOLIDAYS    | SOCCER        | WASPS        |
| BREEZE   | HOT         | SOLSTICE      | WATER FIGHTS |
| CAMPING  | ICE CREAM   | SPRINKLERS    | WATERMELON   |

The hidden message is: SUMMER VACATION

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# Brian Dupperreault Got It Wrong!!

In my opinion, the civil service will continue to be “a lumbering organization with cumbersome bureaucracy, a vestige of a colonial mindset that can’t adapt to the 21st century because it hasn’t been given the tools to do so” as long as Bermuda remains a colony of Great Britain, no matter what Brian Duperrault says. And in my opinion neither Brian Dupperreault, Dame Jennifer Smith, Henry Smith, Tom Conyers nor Martha Dismont can supply the tools to rid Bermuda of the colonial mindset that is not only rampant in the civil service, but the entire Bermuda community. Hence, Bermuda remains a dependent territory whose leaders cannot make decisions without first obtaining approval from Her Majesty’s Government based in the United Kingdom, or from her representative in Bermuda.

Bermudians should be aware that every piece of legislation that is passed in the Bermuda Parliament by Bermudian lawmakers must have the assent of His Excellency the Governor, now Mr. George Fergusson. In fact, Bermuda’s lawmakers, or parliamentarians, cannot be parliamentarians until His Excellency approves. This is what I call a colonial mindset, but I see nothing in Mr. Dupperreault’s speech to the Hamilton Rotary Club calling on Bermudians to opt for sovereignty rather than depend on the “mother country” for the success of future generations.

As I see it, as long as Bermuda’s civil service is modeled on the UK’s civil service, that organization will not and cannot adapt to the 21st century, not because it has been given the tools to do so, but because Bermudians do not have the freedom to chart their own destiny. Mr. Dupperreault said in his speech that members of the committee, including those aforementioned, have consulted with other jurisdictions and have “obtained data from similar sized island countries for comparison”. If these similar sized jurisdictions are dependent territories like Bermuda, this data will be of no assistance to Bermuda’s SAGE Commission, as those countries’ civil service will be modeled on the UK’s civil service, just as Bermuda’s civil service is.

Mr. Dupperreault noted that “in many organizations, there’s what I call a natural cleansing process in the way personnel are managed. You do your job well, you’re rewarded and possibly promoted.” In my opinion, Mr. Dupperreault is intimating that Bermudians in the civil service are not rewarded and promoted, which is far from the truth. I think in particular of Sister Judith Hall Bean, who began her career in the civil service in 1965 as a clerk typist and is now the Assistant Cabinet Secretary. I single out Mrs. Hall Bean as she was the guest speaker at the BIU’s 5th Annual Celebration of International Women’s Day last year March. It was during that speech that she shared with us her rise up through the ranks of the civil service.



While I applaud Mrs. Hall-Bean, I know that she is not the only civil servant with that experience, as many others have started at the bottom and risen to the top. For example, Ms. Verbena Daniels started as a clerk/typist for the Police department and became the Registrar of Companies. Mr. Kenneth Richardson also started as a clerk and became the Secretary to the Cabinet. Brother Calvin Smith was invited by governor Lord Martonmere to leave his job as Statistician in charge of the collection of statistics of employment, man-hours, and weekly wages and salaries to create Bermuda’s Department of Statistics.

I must also mention those Bermudians who joined the civil service after being educated to the tertiary level and working in other positions in Bermuda who became permanent secretaries and heads of departments. I think of in particular Messrs. Robert Horton, Cleveland Crichlow and Gary Phillips to name only a few. It is obvious to me by his comments to the Hamilton Rotary Club that Mr. Duperrault is not

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## President of Marine & Ports Division Blasts Management!

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that he had issues with his management and that restructuring was needed. In 2011 we met with Minister Roban who took over from Minister Burgess, and more recently we met with Minister Crockwell," said Brother Samuels. "However problems in the department still exist although each Minister has asked the Permanent Secretary and Director to make sure that the ferries and tenders were "rip roaring and ready to go", which were the words of Minister Burgess".

Brother Samuels listed some of the issues at the Department and on the ferries which included engines loosing oil and coolant and alarms ringing in the wheelhouse when they shouldn't be. He explained that as a result of the engine problems on the ferries, engine drivers were carrying extra oil and coolant on the vessels so that service would not be interrupted. He said that many of the problems at the Department were caused by the Supervisory Engineer, who was eventually moved to another area in the department, but the problems still existed.

"As a result of the many problems we were having, the U.S. company, Detroit Diesel, was called in to assess the fleet and help fix the problems," continued Brother Samuels. "However, when the representative came in, he found so many problems that he told management he would have to come back to do a further assessment. He eventually produced a report with recommendations and solutions. His report showed that it was a lack of regular maintenance that was

causing the problems."

According to Brother Samuels, the reason that the Millennium had to be bought in was because of the neglect on the part of management at the Department of Marine & Ports. He said that the BIU members' concerns about management were shared Minister Roban during a meeting. He said that the BIU members asked that the Acting Permanent Secretary not be present at the meeting, and that it was after this meeting that Minister Roban held a press conference at which time he stated that there were "issues with the ferries and he stated that Government was working on another solution", which I believe was to charter the Millennium.

"In January 2013 I stumbled upon a proposed St. George's schedule which was headed "Charter", added Brother Samuels. "Our divisional members then started to question what was meant by "charter". We asked questions during our February JCC meeting but we were told by the Acting Director, Scott Simmons that he knew nothing about it."

Brother Samuels said that by March 2013 the workers at Marine and Ports knew that the "charter" was actually the Millennium after meeting with Minister Shawn Crockwell although he indicated that no determination had been made as to whether the Department would be chartering the Millennium.

"Yet, Minister Crockwell announced during a radio talk show at the end of February that the Millennium would be coming to Bermuda," stated Brother Samuels. "He said at that time that the Millennium would be used for two seasons to run between St. George's

and Dockyard."

According to Brother Samuels, on March 15, 2013, Minister Shawn Crockwell told the House of Assembly that the Millennium would be coming to Bermuda as the government did not want a repeat of the experience of the previous summer and that it was clear to his technical officers that even if the fleet was 100%, we would still need another boat in order to manage the tourists while maintaining the normal ferry service for residents throughout the summer.

"Yet, management has reduced the number of trips to St. George's to ease up the Millennium" added Brother Samuels. "The Minister also stated that the Millennium would provide the existing fleet some relief so that improved maintenance can be undertaken through the season."

Brother Samuels also complained to the Workers Voice that although the Millennium was using two former Marine & Ports pilots, there were four migrant workers that were working on the Millennium who traveled to and from the U.S. every two weeks. He added that the Government was paying for the plane tickets for the foreign workers in addition to paying rent for them.

"We have been working with an incompetent management team who are all acting in their positions and some are not qualified to hold these positions," concluded Brother Samuels. "I believe that the only qualified person on the management team at Marine and Ports, other than the Harbour Master, Mr. Rudy Cann, is the Permanent Secretary, Mr. Francis Richardson." ■

# Government Debt

A review of Government debt acquisition and repayment for the period June 2004 to July 2011 reveals interesting patterns of performance

The period opens with the acquisition of a debt of 75 million dollars during June 2004. This debt was contracted for a period of two years at an interest rate of 5.39%.

The next major debt acquisition occurred December 2007. At that time, the Government borrowed \$140 million for a period of ten years at an annual interest rate of 5.73%.

Two years later in the calendar year of 2009, Government borrowed \$315 million over the period May 2009 to November 2009. The actual monthly repayments of the loans contracted were one hundred and seventy-five million on three separate occasions during May 2009 and one hundred and forty million during November 2009.

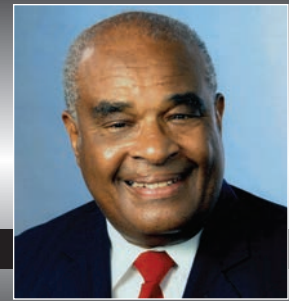
In the subsequent years between July 2010 and July 2011, government negotiated loans of \$500,000,000 during July 2010 and \$475,000,000 during July 2011. Thus, during that 12 month period, government acquired additional debt of \$975 Million.

The cost of these loans in terms of interest paid annually was substantial. Further, the interest paid on the first loan contracted in 2004 at an interest rate of 5.39% was \$4,042,500. However, the loan of \$100,000 contracted during May 2009 drew the highest rate of 7.38% and interest paid of \$7,380,000 annually..

The largest loans contracted by government occurred in July 2010 and July 2011. The July 2010 loan amounted to 500 million to be repaid in July 2020 at an annual interest rate of 5.6%. Exactly one year later, during July 2011, government borrowed \$475,000,000 at the significantly reduced rate of 4.138%. This loan was due for repayment during July 2023, also ten years later.

It is noteworthy that the most recent loans in the amount of \$975 million to be repaid over ten years would cost the Bermuda taxpayer an amount of \$47,655,500 in annual interest payments. These loans are due to mature in July 2020 and July 2023, respectively.

Government certainly will be hopeful that at the time the loans become due in 2020 and 2023, the Bermuda economy will be on the rebound.



BY CALVIN SMITH

However, whether or not the economy will be experiencing strong growth, it will almost certainly be true that prices and incomes will have risen substantially while the existing national debt will be unchanged. Hence, government will repay the large existing debt with future dollars of substantially increased value in terms of Bermuda's existing debt.

Of course it also needs to be stated that if the economy does not grow, than government will need to reschedule the payment of existing debt at significantly higher cost in terms of taxes to be paid out of declining or stable income. This will certainly lead to a substantially worsening position in terms of the personal income of Bermuda's householders.

Clearly, it is in the best interests of all citizens and residents that we all make every effort to ensure that Bermuda's economy returns to the healthy state that most of us once took for granted that it would last forever. ■

# ADHT Reports Progress



Mrs Ming reviewing Daniel's pen pal letter

For the past 2 years the ADHT has hosted a variety of activities commemorating the Day of Remembrance for the Victims of Slavery and the Transatlantic Slave Trade which takes place on 25th March each year. In each of the two years of commemoration the activities that we have hosted that focus on young people have had a lasting impact.

In 2012, as a result of the students' research into Mary Prince during the United Nations Youth Global Video Conference, where Bermuda represented the Caribbean, student representatives from each of the local high schools petitioned the National Heroes Day Committee to honour **Mary Prince as Bermuda's 2012 National Hero**. As a result of these letters to the Committee, Mary Prince was chosen as the National Hero for 2012.

During this year's events the ADHT showed the documentary

"Brownstones to Red Dirt" at the Liberty Theatre on Monday 25th March. This documentary, about two groups of students – one in Bedford Stuyvesant in New York and one in Sierra Leone, was about a pen pal programme between the schools showing "the power of the written word". No emails are allowed.

The ADHT approached Mrs. Firkte Ming, Primary 4 teacher at Harrington Sound Primary School(HSPS) about the possibility of her adopting the programme at her school. Mrs. Ming had seen the documentary on the Africa Channel and was most excited to be a part of the project. The ADHT saw this as an opportunity for these young people to be involved in 'real time' with their peers half way around the world and learning about an entirely different culture in the Diaspora.

The ADHT linked Mrs. Ming with Mr. Alex Columbus of the RESPECT International pen pal programme. Mr. Columbus is the coordinator of the programme in Sierra Leone and paired Harrington Sound Primary School with St. John's Primary School in Pelewahun Village, Kaiyamba Chiefdon, Moyamba District, Sierra Leone.

The Bermuda group sent their letters off in April 2013 and on 7th May 2013 Mrs. Ming wrote ADHT to say: "Alex(Columbus) said he got the letters- that is so good to hear- I won't tell my class yet because they



Camryn with drawing for pen pal

will ask me every day when are they going to get their letters, you know how children are!!"

On Monday, 24th June 2013 the students at Harrington Sound Primary School got their letters from St. Paul's Primary School, Moyamba District, Sierra Leone – almost 2 months since they sent off their letters to their pen pals.

Mrs. Ming indicates that the children at HSPS have learned so much. They have had to stretch their verbal skills as some of the names have been a challenge for them to enunciate. They have taken the time to find out where Sierra Leone is. They have recognized that they are fortunate in that the village where their pen pals live does not have electricity. They see that their pen pals live in an 'exotic' land. One student, Betty, wrote "we have different kinds of animals like monkeys(monkeys), baboons and birds, etc."

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# Bermuda's Grand Delusions Shattered



Bermuda should have learned a lesson during its recent trip to London where it was made plain that Bermuda has no special relationship with Britain. In fact, despite the long-held belief that Britain will never do anything against Bermudian interests, the British Prime Minister made it clear that contrary to our thoughts, Britain's overseas territories were being called over to London to be read the "riot act" as far as low tax regimes are concerned.

Yet, the writing has long been on the wall since the then Labour Prime Minister, Gordon Brown, showed great hostility to Bermuda's low tax status at a meeting where PLP Premier Paula Cox was in attendance. I remember Premier Cox expressing surprise that the British did not defend Bermuda's interests.

Now it is the turn of the OBA government whereby Premier Cannonier was decidedly put in his place and was snubbed when he thought he was going to have a private meeting with Premier Minister Cameron to talk about Bermuda's

lowtax status. There was a time when low tax jurisdictions were considered to be of great use to the wealthy classes in many countries and they were aided by their political allies. But then the 2008 economic crisis came along and the banks, the economic movers and shakers, whose activities undermined the economies of many countries found themselves under threat.. Dubbed the 1%, the 99% of the rest of the population finding themselves bearing the brunt of unemployment by massive job losses, loss of homes and small businesses, focused on the so-called tax havens, and yes, even those like Bermuda, who state that they are not tax havens, but low tax regimes now find themselves under threat.

The politicians both in America and in Britain are finding themselves under pressure by their people and facing massive budget deficits, they had to get the money from somewhere and that is where the focus turned on all those domestic multi-nationals who had located overseas to take advantage of low tax jurisdictions like Bermuda. This turn

## THE OTHER ALTERNATIVE



BY ALVIN WILLIAMS

of events seems to have caught Bermuda unawares as Premier Cannonier and his Finance Minister seem to be in a state of shock. So much so that confusion reigns as Premier Cannonier has accused Prime Minister Cameron of misleading the British Parliament in stating that Bermuda and the rest of the overseas territories have agreed to British demands - and demands they are, the type of demand that a colonial power can always make of its colonial possessions.

Premier Cannonier stated that he expressed his displeasure at the way Bermuda has been treated by Britain, a completely useless exercise as the Governor is a British diplomat here to look after British interests and we continue to be fools to pay for the Governor and Government House to the tune of almost \$2 million a year while the OBA government talks about so-called shared sacrifice.

***When will we wake up Bermuda? ■***

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# Jetgate

by E. McNeil Stovell

I guess these two words – transparency and open-government mean nothing these days. Before December 17, 2012, those words and other damning words were the order of the day; yet for some strange reason, here in 2013 those two words have no real meaning at all. I wonder why?

In these days, depending on which political party one supports, our leaders can do as they wish. Yet when the shoe was on the other foot I would complain as loud as I could even if it showed me to be the biggest hypocrite under the light of day.

It's almost like saying that it's okay for the party that one supports to go ahead and do all the things that they were complaining about with respect to the opposition party should they become the government. Is that contradictory and hypocritical? It would appear that the One Bermuda Alliance (OBA) has cloned all of those things which it had condemned under the Progressive Labour Party (PLP) when they were in power but are now doing all the same things themselves, hidden under the now most popular slogan "I'm not going to answer that". Is that acceptable to the right-thinking tax-paying people of Bermuda?

Dr. Brown has been continuously condemned right up until today about how he handled the Quighurs' issue, and there has been no let-up since. It was as though it was a standing order given to their followers by the leadership of the OBA. "It wasn't the fault of the Quighurs", it was how Dr. Brown went about bringing them to Bermuda that was the problem. Are we now to say that there was nothing wrong with Mr. Cannonier flying off to the United States to talk about Bermuda Government business? It was how he went about it that was wrong. Am I right in reaching that conclusion?

Well, despite the strong showing of blatant hypocrisy and

contradiction by the OBA, yet there has been very little outcry or any plans for demonstrations on Parliament Hill, or a call for a vote of no confidence in parliament. As a matter of fact, there has been a very loud and deafening sound of silence coming from people who had just too much to say before December 17, 2012.

So, my question is where is that loud battle cry for transparency and openness in government that I heard from those who supported the OBA prior to December 17, 2012? Have they nothing to say? Did the cat get their tongues? Well, well, well, it is not even Christmas, yet the OBA is singing "Silent Night" so early in the year.

It would appear that those who take control of political power are given rights and privileges that few of us know of or understand very little about. We the people who stand on either side of the divided political line supporting the same rights or wrongs depending on which political party we support, may well make us out to be hypocrites. However, that's okay for those of us who support the political party that is currently in power. Yet, to think that it wasn't okay for Dr. Brown, but it's okay for Mr. Cannonier. Are we really that backward in Bermuda that we are unable to see the light from the dark? To think that the Premier, Attorney General and the Minister of Tourism flew out on a private jet - a private jet that had been seen in Bermuda on about five different occasions - does seem to need some paying attention to.

Let's be fair here. If we are saying that it was wrong for Dr. Brown, then it was wrong for Mr. Cannonier as well. Remember, the taxpayers pay an allowance for government members to fly wherever in the world to do whatever business they need to do on the people's behalf.

So please, Mr. Cannonier, don't let us hear you ever say again that it was inappropriate to spend the allotted monies for those travel purposes. ■

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## EAP CLIPS: NOVEMBER 2011

### YOUNG PEOPLE AND GRIEF

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The loss of a loved one is difficult for adults to cope with, but young children and adolescents may feel shocked, angry, confused, guilty, frightened and insecure – without benefit of emotional maturity to deal with these feelings. They may also feel relief if the death came after a long illness or if a brutal parent no longer lives with them.

#### HOW CHILDREN EXPRESS GRIEF

Grief is a natural and necessary feeling after a loss from death, suicide, homicide, abandonment, even divorce or moving. Each person's grief process is unique, and children, depending upon their ages, express their grief in ways that are different from adults. According to The Dougy Center ([www.dougy.org](http://www.dougy.org)), a national organization that helps grieving adults and children, adults describe grief as living in a heavy fog, but children bounce in and out of grief, crying one moment and laughing the next. This is confusing for children because they don't understand why they feel this way.

The way children can best express themselves is through their behavior. Grief is a powerful emotion that creates energy in the body. Children will get rid of this energy – their grief – by playing really hard or by drawing out their feelings or playing games that might include acting out some part of the loss event or their understanding of it. Some children may have trouble concentrating. Some may talk incessantly about the loss; others may say nothing at all about it. Some children become aggressive or hurt themselves as a way of relieving their pain or to get comforting attention from adults. Most children have difficulty connecting words with their feelings.

Older children and teens may express their grief in the same ways as young children but with behaviors more suited to their ages. They may withdraw and want to be alone more than before or get into a shouting match or physical fight. They also may inappropriately assume the adult role of caretaker in their homes.

All of these responses are normal. But if they last for several months or interfere with a child's normal functioning after a few months, get professional help for the child.

#### HOW TO HELP GRIEVING YOUNG PEOPLE - CHILDREN UNDER 6

It is important to offer young children comfort in ways they understand. Also, as children go from one developmental stage to another (from preschool to elementary school age, for example), they will need to reprocess the loss and their grief. (Even adults must reprocess their grief and understanding of their loss as they continue to mature.)

Many adults underestimate a very young child's ability to grasp the loss of a loved one. They may speak in "code" to one another or spell out words related to the loss. Most of the time, however, these dodges are useless – the kids still know something has happened – and very often they're emotionally confusing for the child. The best approach to dealing with a loss is to explain it honestly and simply to a child. "Your daddy is dead. His heart was sick and it broke. Because of that, he died and won't be with us anymore. I love you very much and will still be here with you to keep you safe."

It is very important to tell the child exactly what happened to cause the loss, even in the case of a murder or suicide ("He was shot by a man who was very angry with him."). It is very difficult for adults to do this under these circumstances, but it is the healthiest approach to take with children. Give them the truth with sensitivity and then support them as they deal with it. Experts also say to explain death in terms a child can understand. "A dead person doesn't eat or sleep or go to the bathroom or get cold or angry or sad."

Young children may process the loss by asking the same questions over and over or by constantly retelling the loss story. This can be upsetting for adults who are trying to process their own grief, but it is important to patiently and kindly answer the child's repetitive questions honestly and to listen attentively to his/her telling of the story as many times as the child tells it. Children learn through repetition (remember learning your times tables?) and learning about their feelings and loss is no different from learning their ABCs.

Young children also will need routine, consistency and lots of holding and comforting as they grieve. Try not to change what is familiar to them for some time. And constantly reassure children that they are safe and that you and other adults will continue to take care of them.



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## CHILDREN 6-12 YEARS OLD

Children in this age group have a bit more understanding of what it means when they lose a loved one. As with very young children, it is important to tell them about the loss honestly and simply. Even though they may grasp the event itself, they are still confused by the loss and may find it difficult to express their feelings. As a result, they may act angry, frustrated and irritable. They also may engage in magical thinking (s/he went on a trip and will be back any day now) or believe that they somehow caused the loss. This may lead them to feel guilty. Be sure to tell children repeatedly that they *did not in any way* cause the loss.

Children 6-12 respond well to suggestions for alternative ways to express their frustration or anger. The Dougy Center says to provide children who are expressing their grief through aggressive behavior with a punching bag (a pillow will do), nerf balls to kick around (instead of a pet or other kids) or a rolled up hand towel for biting. A "rage rag" (a rolled up hand towel taped at one end and in the middle) can be used to hit something that represents the way the loved one died (a beer bottle, the word "cancer" written on a piece of paper, etc.).

Kids in this age group may also tend to be tired from staying up late (in an attempt to be alone with their feelings) or have nightmares. They may want to sleep with the surviving parent. Experts recommend going along with whatever makes the child feel more comfortable or safer. These behaviors will pass with time. If they don't, or if a child shows signs of depression for several months, seek professional help for the child.

## TEENAGERS

Teens very often think they're immune from injury or death. They also have a heightened sense of drama and emotion. When a significant adult in their lives dies it can deeply upset their concept of the way the world operates. They are keenly aware of the ways their lives change as a result of the loss, and they may find it very unsettling. They also may seriously question the idea of planning for the future.

During their struggle to make sense of what has happened, teens may behave in ways unusual for them or they may intensify acting-out behaviors in which they already engaged. They may skip school, be aggressive, act angry, not do homework, withdraw to their rooms or spend more time away from home. They may turn to alcohol or other drugs, believing it will dull their pain.

If teens are engaging in high-risk, dangerous behaviors, or showing signs of depression, get them professional help immediately. Otherwise, as hard as it is to do, resist the temptation to offer advice. Let them work through their grief process as they choose – within reasonable limits, of course. Be supportive ("This must be very painful for you." Or, "I can see that you're feeling upset now. Do you want to talk about it?") and reassuring ("I love you and am here for you if you want to talk or be held.").

## MODEL HEALTHY GRIEVING BEHAVIOR

The best thing a parent can do is deal openly with his/her own grief in healthy ways. Say out loud that you feel sad, lonely, hurt, etc. Allow yourself to cry in front of young people. Be careful, though, to always be the parent – don't communicate to the child that s/he must or needs to take care of you.

## HELP IS AVAILABLE

Just talking about your problems sometimes leads to new solutions. If you or someone you know needs information, guidance or help, contact the [Employee Assistance Programme of Bermuda](#).

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# ITUC calls on World Bank to implement key review panel recommendations

24 June 2013: The International Trade Union Confederation has called on the World Bank to adopt and implement key recommendations made by the independent Doing Business Report Review Panel, headed by South Africa's Minister of Planning Trevor Manuel.

Sharan Burrow, General Secretary of the ITUC, said for ten years the World Bank's "flagship" Doing Business report has given governments cover to put the interest of private companies ahead of working people and their families.

The ITUC has been a strong critic of Doing Business because of its use by the Bank to push for indiscriminate elimination of government regulations. It has harmed governments' capacity to properly regulate and tax business activities and protect the interests of workers and the poor.

"The industrial tragedy in Bangladesh two months ago, where more than 1100 workers lost their lives because of lax regulation, shows the dangers of promoting a deregulatory agenda in the area of workers' protection.

"The World Bank is a development institution and should encourage countries to adopt and enforce adequate regulations, not act as a lobby for the most retrograde business interests.

"We very much support the panel's recommendation that the Bank should

develop a new and balanced approach on labour market policy outside of the Doing Business project and work more closely with the ILO," said Sharan Burrow.

One of the report's key recommendations is to remove the tax rate indicator which encouraged governments to reduce to a minimum all taxes and contributions paid by business.

"It is high time that the World Bank stopped inciting countries to become tax havens, now that even the G8 is addressing the issue of tax avoidance.

"The Bank should encourage governments to design a tax system that allows states to generate the revenue they need for financing quality public services and providing needed infrastructure. This is vital to countries' economic as well as social development," said Ms Burrow.

The ITUC called for three recommendations in the report to be implemented quickly to ease the impact of the Banks discredited Doing Business principles on working people:

- Elimination of the "Total Tax Rate Indicator", through which the Bank has encouraged governments to reduce to a minimum all taxes and contributions paid by business, including pension premiums, workmen's compensation and other health and safety fees, including those for maternity protection; tax havens and oil states have usually been given the best scores.

- Permanent removal of the "Employing Workers Indicator", which had been used to encourage countries to reduce labour regulations to a very low level; the Bank suspended this indicator in 2009 but Doing Business has continued to collect the data for this indicator and promote a one-sided view of labour regulations in an appendix to the annual report.

- Ending the overall "Ease of Doing Business Indicator" and country rankings, which have encouraged a race to the bottom of eliminating a wide range of government regulations without an adequate evaluation of their benefits and costs; the impact has been particularly damaging on countries dependent on World Bank financial assistance because of its use in loan conditionality.

Unions are calling for the change to be implemented as soon as possible, although the major recommendations are not expected to be included in the next 2013 World Bank Doing Business report due to be published by October.

"The panel's report is defining moment for World Bank policy to reflect the needs of working people, and a balanced approach to labour market regulation. If adopted, the World Bank has the opportunity to reshape the relationship between working people, business and governments," said Sharan Burrow. ■

# US Suspends Bangladesh Trade Concessions over Labour Rights Violations

Brussels, 28 June 2013 (ITUC OnLine): Pressure is mounting on Bangladesh to reform its labour laws with the decision of the US government to impose trade sanctions for repeated failure to respect fundamental workers' rights.

Filed in 2007, a complaint from the AFL-CIO called on the US to suspend trade preferences to Bangladesh under the Generalized System of Preferences (GSP) unless the government took steps to ensure respect for the rights of workers, including in the country's massive ready-made garment sector and the Export Processing Zones, where workers are banned by law from forming a union. Over that time, the situation for workers has only continued to deteriorate, resulting in the death of over 1,000 in the Rana Plaza disaster earlier this year.

"This long-awaited decision is an important step for workers' rights," explained ITUC General Secretary Sharan Burrow. "It sends a strong statement to all governments and employers that violation of the fundamental rights of workers will not be tolerated if a country expects to participate in the global economy."

The ITUC is backing calls by the AFL-CIO and the Bangladesh union movement in calling on the government of Bangladesh to act

urgently and deliberately to ensure that the rights of its workers are respected in law and in practice. The ITUC also calls on international brands sourcing from Bangladesh to step up their efforts to ensure that the rights of workers in their supply chains are fully respected. The demands placed on companies in Bangladesh by international buyers are partly responsible for perpetuating the grueling sweatshop conditions prevailing in the country. In the latest reported factory rights violation, workers at Sadia Garments Ltd have been subjected to a virulent anti-union campaign by factory management. Acting on complaints from workers, the police convinced Sadia management to agree to meet union representatives on 29 May. When the union representatives arrived, they were abused and threatened by around 20 armed thugs hired by the management, and then each worker was forced to sign a blank paper which was to be used as evidence that they had resigned from the union. After a second police intervention, management signed an agreement with the union, but then again started to intimidate and harass workers. On 22 June, the union's general secretary Maksuda was stabbed repeatedly and beaten by management representatives, and she and other workers were then forced to announce they had resigned from the union. ■

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## Lefroy House Holds Open House continued from page 2

Particularly contentious communication may require a family meeting that includes a trusted outside party such as a pastor, social worker, or friend whose role will be to ensure that everyone's voice is heard.

Mrs. Masters also explained that most people would rather grow old at home and that it was advantageous and recommended for people to make plans for their own care before an emergency or serious health problems occur. She said that often adult children take on the responsibility of caregivers without being fully informed of everything involved in caring for an ageing loved one. She suggested that family meetings with the loved ones well before an emergency situation is recommended. She also suggested that family members discuss



Brother Kenyatta Young, now a resident of Lefroy House, was visited by Brothers Llewellyn (Speedy) Ming (shown), Arnold Smith and Louis Somner on Fathers' Day. Brother Kenyatta loves to welcome his BIU family to his new home.

with their loved ones plans for their funeral.

"While you may feel uncomfortable about discussing death, you may be surprised to find that most elderly people are not afraid to talk about it and will appreciate your willingness to carry out their wishes," continued Mrs. Masters.

Mrs. Masters also talked about the services offered by the National Office for Seniors and Physically Challenged

(NOSPC), Age Concern and many churches in the island that are offered for seniors.

Most importantly, Mrs. Masters stressed the need for the family caregivers to take care of themselves and to recognize when they were getting worn out and need a break.

"Make use of support groups, family, other caregivers in your situation and your church family," stressed Mrs. Masters. "Take regular breaks to do something enjoyable for yourself".

In addition to family members and friends of the residents, also in attendance at Saturday's open house was the Member of Parliament for the area, Mr. Michael Scott, Chief Medical Officer, Dr. Cheryl Peek Ball and her husband, Permanent Secretary for the Ministry of Health, Mr. Kevin Monkman and Mr. David Kendall, Acting Director of the Department of Health. ■

## Brian Dupperreault Got It Wrong!! continued from page 3

aware of Bermuda's history, especially when it comes to black Bermudians.

I certainly do not believe that every private sector organization in Bermuda has a culture that "supports, encourages and rewards creativity and innovation". I certainly have heard enough stories from employees in the private sector to

counter Mr. Dupperreault's argument, in particular from Black Bermudians. Many Bermudians have complained bitterly about being prevented from climbing the corporate ladder in Bermuda because of the colonial mindset that existed, and continues to exist in Bermuda. If that were not the case, we would have more Bermudians who look like me in the types of positions that Brian Dupperreault just retired from.

In my opinion, of late there has been too much criticism of the Bermudian worker, and as I see it, Brian Dupperreault is just adding fuel to the fire. While I do not believe that every civil servant (government worker) is working to his/her optimum capacity, I do believe that there are more civil servants who have a "can do" attitude than those who don't. ■

## ADHT Reports Progress continued from page 6

But in many ways their pen pals are just like them and their friends. Tity Tucker wrote "I live with my parents and two brothers. My mum is a trader. I love to help my mom after school. I have lot of friends. In school I love skipping, playing

balance ball. I love doing mathematics because business deals with numbers. Hope to see another letter. Your pen pal Tity"

Mrs. Ming invited Mrs. Maxine Esdaille, Chair of the ADHT to visit HSPS on Tuesday afternoon to see the excitement that was in the classroom as the students were

responding to their pen pals. Students were busy reviewing what they had written, making corrections, drawing pictures to send to the pen pal friends in Sierra Leone. When asked if they enjoyed their experience of communicating with students in Sierra Leone, they all answered in a resounding voice, "Yes!" ■



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# SUMMER

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The remaining letters spell an additional summer item.

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U S M E A U Y E O U H I K I N G S A  
S M W E E A N L U B N W A S E Y R E  
U T W I R R S G I C A B L N A R E R  
N S H V M T C C L T E A U D T V L C  
T Y U G I M Y S E A D B I R S S K E  
A G L C I C I R N N S L R R N D N C  
N R E U L F M N A U O S E A R G I I  
O E A E J E R S G H S W E A B N R C  
S E D A L B R E L L O R O S R I P R  
C N A O F L O G T L T B T E E T S E  
H G N I H S I F F A E O A E E A H C  
O R C A M P I N G T W T H B Z O C C  
O A C I N C I P A W A S P S E B A O  
L S F L I E S K M O S Q U I T O E S  
T S U G U A S I L L A B E S A B B O  
G N I N E D R A G S U N S H I N E N

ANTS  
AUGUST  
BARBECUE  
BASEBALL  
BEACH  
BEES  
BICYCLE  
BLUE SKY  
BOATING  
BREEZE  
CAMPING

FISHING  
FLIES  
FLOWERS  
GARDENING  
GOLF  
GREEN GRASS  
HAT  
HIKING  
HOLIDAYS  
HOT  
ICE CREAM

JULY  
JUNE  
MOSQUITOES  
NO SCHOOL  
PICNIC  
ROLLER BLADES  
SANDALS  
SKATEBOARD  
SOCCER  
SOLSTICE  
SPRINKLERS

SUNBURN  
SUNGLASSES  
SUNSCREEN  
SUNSHINE  
SUNTAN  
SWEAT  
SWIMMING  
U V RAYS  
WASPS  
WATER FIGHTS  
WATERMELON